

SAVINGS AT YOUR FINGERTIPS



Now it's easier than ever to find and compare health care costs.

Smarter searches. Better results.

It's true. The more you know about the cost and quality of doctors and hospitals, the easier it is to make the best choices for you and your family. After all, no one wants to pay too much for health care.

The intuitive myCigna health care professional directory has plenty to offer, starting with simplified search tools that give you the results you need. You'll also see integrated cost and quality information throughout the directory, helping you compare doctors and control health care spending.

We've put everything at your fingertips, ready to help you make the most confident, cost-effective decisions about your care.

It pays to plan ahead.

Integrating cost and quality information into our online directory makes it easier for you to get the care you need.

For example, did you know that an MRI can cost anywhere from \$400 to \$1,400*, depending on where you go? It's okay if you didn't know, because we do. And we'll tell you, even if you don't think to ask before you start searching.

The screenshot shows the myCigna website interface. At the top, there's a navigation bar with options like 'REVIEW MY COVERAGE', 'MANAGE CLAIMS & BALANCES', 'FIND A DOCTOR OR SERVICE', 'CIGNA HOME DELIVERY PHARMACY', 'ESTIMATE HEALTHY CARE COSTS', and 'MANAGE MY HEALTH'. Below this is a search bar and a 'SEARCH' button. The main content area is titled 'Find a Doctor or Service' and includes a search location field, a 'Looking for' dropdown menu, and a 'SEARCH' button. Below the search area, there are 'Popular Searches' and a 'Compare procedure locations' section. The 'Compare procedure locations' section shows three options: 'Knee Arthroscopy' with estimated costs of \$2,167 - \$2,470, 'Colonoscopy' with estimated costs of \$696 - \$3,860, and 'MRI Scan - Lower Back w/o Dye' with estimated costs of \$472 - \$1,398. Each option includes a 'Search now' button.

* Estimated costs are based on November 2014 Cigna analysis of claims for MRI of lower back without dye total cost during a 12-month period. Actual costs will vary.

Together, all the way.SM



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

Details that make a difference.

Let's say you need to find a knee doctor. Wouldn't you want to know which doctors do their outpatient knee surgeries at a hospital and which do the same procedures at a (more affordable) outpatient surgery center? We'll show you those types of differences as part of your search, too.

Savings by the numbers.

What will you have to pay? We don't just do the math for you. We go one step further and show you the math. Not only do we call out the estimated cost for each service, but we also show you how much your plan will pay and how much you'll need to cover.

Try it. You'll love it!

From simpler searches to valuable cost comparison information, there's so much to love about myCigna's health care professional directory. Smarter searching is just the beginning.

myCigna is your one-stop source for managing your health plan whenever and wherever you like. On myCigna you can estimate health care costs, manage and track claims, learn how to live a healthier life, and so much more.



Get the information you need to make the right decisions about your health care. Visit myCigna.com or download the myCigna mobile app today.*



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