

2018 PREVENTIVE DRUG LIST



WITH DIABETIC SUPPLIES

Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

Depending on your plan, you may not have to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for preventive medications.

How to read this drug list

This drug list includes the most commonly prescribed generic and brand-name preventive medications covered by your plan as of January 1, 2018.* Medications are listed alphabetically by the condition they treat.

- ▶ Brand-name medications start with a capital letter, and generic medications start with a lowercase letter.
- ▶ Some brand-name preventive medications have a generic equivalent available. For these medications, the generic will be listed in parenthesis next to the brand.
- ▶ Some preventive medications are also considered specialty medications. Depending on your plan, specialty medications may be covered on a specialty tier (cost level) and may cost you more to fill. Log into **myCigna.com** or check your plan materials to find out how your plan covers specialty medications.

Lower-cost options

Your plan covers many preventive medications. You should ask your doctor if a lower-cost preventive medication may be right for you. Generic medications have the same strength and active ingredients as brand name medications, but often cost much less – in some cases, up to 80–85% less.**



This list is regularly updated and not all of the medications listed here may be covered by your specific plan. You should log into **myCigna.com** or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

* State laws in Texas and Louisiana require your plan to cover your medications at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, your plan can't make these changes until your renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.

** U.S. Food and Drug Administration (FDA) website, "Facts About Generic Drugs." Retrieved 08/01/17.

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Preventive Drug List

Asthma related

Accolate (zafirlukast)
 Advair Diskus
 Advair HFA
 albuterol solution
 aminophylline
 Anoro Ellipta
 Atrovent HFA
 Breo Ellipta
 Brovana
 budesonide
 Cafcit
 caffeine and sodium benzoate
 caffeine citrate
 Combivent Respimat
 cromolyn solution
 fluticasone-salmeterol
 Incruse Ellipta
 ipratropium
 ipratropium-albuterol
 levalbuterol
 levalbuterol concentrate
 levalbuterol HFA
 metaproterenol
 montelukast
 Perforomist
 ProAir HFA
 ProAir RespiClick
 Pulmicort Respules
 QVAR
 Singulair (montelukast)
 Striverdi Respimat
 Symbicort
 terbutaline
 Theo-24
 Theochron
 theophylline
 Xolair
 Xopenex (levalbuterol)
 zafirlukast
 zileuton ER

Blood pressure related

acebutolol
 acetazolamide
 Adalat CC (nifedipine)
 Adrenalin vial
 Afeditab CR
 Aldactazide (spironolactone/hctz
 [25-25mg only])
 Aldactone (spironolactone)
 amiloride

amiloride-HCTZ
 amlodipine
 amlodipine-atorvastatin
 amlodipine-benazepril
 amlodipine-olmesartan
 amlodipine-valsartan
 amlodipine-valsartan-HCTZ
 atenolol
 atenolol-chlorthalidone
 benazepril
 benazepril-HCTZ
 Betapace AF (sotalol AF)
 betaxolol
 bisoprolol
 bisoprolol-HCTZ
 Brevibloc
 bumetanide
 Caduet (amlodipine/atorvastatin
 calcium)
 Calan (verapamil)
 Calan SR (verapamil)
 candesartan
 candesartan-HCTZ
 captopril
 captopril-HCTZ
 Cardene I.V.
 Cardizem LA (diltiazem HCl)
 Cardura (doxazosin mesylate)
 Cardura XL (doxazosin mesylate)
 Cartia XT
 carvedilol
 Catapres (clonidine HCl)
 Catapres-TTS (clonidine)
 chlorothiazide
 chlorthalidone
 Cleviprex
 clonidine
 Clorpres
 Coreg (carvedilol)
 Coreg CR
 Corgard (nadolol)
 Corlopam
 Corzide (bendroflumethiazide/
 nadolol)
 Demadex (torsemide)
 Demser
 Diamox Sequels (acetazolamide)
 Dibenzylamine (phenoxybenzamine)
 diltiazem
 diltiazem CD1]TJETEMC /Span

Dutoprol
 Dyazidtriamterene/hctz)
 Dyreniu1]TJETEMC /Span

enalapril-HCTZ
 Epaned
 epinephrine auto-injector
 eplerenone
 eprosartan
 esmolol
 ethacrynate
 felodipine ER
 fosipril
 fosipril-HCTZ
 furoseide
 guanacine
 Hemangeol
 hydralazine
 hydrochloroth1-14.10.10.5.5(z1)-12.4(d)-1

Inderal XL
 Inpran XL
 Inspra (eplereone)
 irbesartan
 irbesartan-HCTZ
 isradipine
 Isuprel (epinephrine)
 labetalol
 Lasix (furosemide)
 Levophed
 lisinopril
 lisinopril-HCTZ
 Lpressr (metoprolol tartrate)
 Lpressr HCT (metoprolol/h1-0.0ctz)
 lsar1-14.3(t)4.4(an)13()TJETEMC /Span

Mazide (rimterene/h1-11.0ctz)
 methazolamide
 methyldop
 methyldop-HCTZ
 methyldope
 metolazone
 metoprolol
 metoprolol E-HCTZ

Mipress (prazosin HCl-0.8(l)8.8())TJETEMC

Blood pressure related

(continued)

moexipril
moexipril-HCTZ
nadolol
nadolol-bendroflumethiazide
Neptazane (methazolamide)
nicardipine
nifedipine
nifedipine ER
nimodipine
nisoldipine
Nitropress
norepinephrine
Norvasc (amlodipine besylate)
Nymalize
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril erbumine
phenoxybenzamine
phentolamine
pindolol
prazosin
Prestalia
Procardia (nifedipine)
Procardia XL (nifedipine)
propranolol
propranolol ER
propranolol-HCTZ
Qbrelis
quinapril
quinapril-HCTZ
ramipril
Sodium Diuril
Sodium Edecrin
sodium nitroprusside
Sorine
sotalol
sotalol AF
Sotylize
spironolactone
spironolactone-HCTZ
Sular (nisoldipine)
Taztia XT
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
Tenoretic (chlorthalidone/atenolol)
Tenormin (atenolol)
terazosin
Tiazac (diltiazem)
timolol
Toprol XL (metoprolol succinate)

torsemide
trandolapril
trandolapril-verapamil ER
triamterene-HCTZ
valsartan
valsartan-HCTZ
Vecamyl
verapamil
verapamil ER
verapamil ER PM
verapamil SR
Verelan (verapamil)
Verelan PM (verapamil)
Ziac (bisoprolol/hctz)

Blood thinner related

Aggrastat
Aggrenox (aspirin/dipyridamole ER)
argatroban
aspirin-dipyridamole ER
Brilinta
cilostazol
clopidogrel
Coumadin (warfarin)
dipyridamole
Durlaza
Effient
Eliquis
eptifibatide
Integrilin
Jantoven (warfarin)
Plavix (clopidogrel bisulfate)
Pradaxa
Reopro
Savayte



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy not in-network, you may be required to pay the full cost of the prescription. If you use a pharmacy not in-network, you may be required to pay the full cost of the prescription.