

2018 PREVENTIVE DRUG LIST



As of July 1, 2018

Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

This document shows the most commonly prescribed preventive generic and brand name medications covered by your plan as of July 1, 2018.* **The Preventive Drug List is regularly updated so it's important to know that this is not a complete list of covered medications, and not all of the medications listed here may be covered by your specific plan.**

Here's some helpful information about this drug list:

- › Medications are listed alphabetically by the condition they prevent.
- › Brand name medications are capitalized and generic medications are lowercase.
- › Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.
- › Some preventive medications are also considered "specialty" medications. Some plans may cover specialty medications on a specialty tier, may limit you to a 30-day supply and/or require the use of a preferred specialty pharmacy. Log the **myCigna**[®] website or app or check your plan materials to find out how your plan covers specialty medications.

Some plans have specific coverage requirements for preventive medications.

For example, you may have to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for preventive generic medications. Or, your plan may cover preventive generic medications at 100%, or no cost (\$0) to you. You should log into the **myCigna** website or app or check your plan materials to learn more about how your plan covers these medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

Lower-cost options

Your plan covers many preventive medications. You should ask your doctor if a lower-cost option may be right for you. Generic medications have the same strength and active ingredients as brand name medications, but often cost much less - in some cases, up to 80-85% less.**

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Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

885985 h All with Diabetic Supplies for Value/Adv 02/18

Preventive Drug List

Asthma related

Accolate (zafirlukast)
Advair Diskus
Advair HFA
albuterol
aminophylline
Anoro Ellipta
Atrovent HFA
Breo Ellipta
Brovana
budesonide
Cafcit (caffeine citrate)
caffeine and sodium benzoate
Combivent Respimat
(ipratropium-albuterol)
cromolyn
fluticasone-salmeterol
Incruse Ellipta
ipratropium
levalbuterol HFA
metaproterenol
Perforomist
ProAir HFA
ProAir RespiClick
Pulmicort
QVAR
QVAR Redihaler
Singulair (montelukast)
Striverdi Respimat
Symbicort
terbutaline
Theo-24
Theochron (theophylline
anhydrous)
theophylline
theophylline in 5%
Xolair
Xopenex (levalbuterol)
Xopenex Concentrate
(levalbuterol)
zileuton ER

Blood pressure related

acebutolol
acetazolamide
Adalat CC (nifedipine)
Adrenalin (epinephrine)
Afedstab CR (nifedipine)

Aldactazide
(spironolactone-HCTZ)
Aldactone (spironolactone)
amiloride
amiloride-HCTZ
amlodipine-benazepril
amlodipine-olmesartan
amlodipine-valsartan
amlodipine-valsartan-HCTZ
benazepril
benazepril-HCTZ
Betapace AF (sotalol AF)
betaxolol
bisoprolol
Brevibloc (esmolol)
bumetanide
Calan
Calan SR
candesartan
candesartan-HCTZ
captopril
captopril-HCTZ
Cardene IV
Cardizem LA (diltiazem)
Cardura (doxazosin)
Cardura XL
Carospir
Cartia XT
Catapres (clonidine)
Catapres-TTS (clonidine)
chlorthalidone
Cleviprex
Clorpres
Coreg (carvedilol)
Coreg CR (carvedilol ER)
Corgard (nadolol)
Corlopam
Corzide (bendroflumethiazide-
nadolol)
Demadex (torsemide)
Demser
Dibenzylamine (phenoxybenzamine)
diltiazem
diltiazem 0.9%
diltiazem-D5W
Dilt-XR (diltiazem)
Diuril (chlorothiazide)
dopamine

dopamine 5%
Dutoprol (metoprolol ER-HCTZ)
Dyazide (triamterene-HCTZ)
Dyrenium
enalapril
enalaprilat
enalapril-HCTZ
Epaned
eprosartan
felodipine ER
fosinopril
fosinopril-HCTZ
guanfacine
Hemangeol
hydralazine
hydrochlorothiazide
indapamide
Inderal LA (propranolol)
Inderal XL
Innopran XL
Inspra (eplerenone)
irbesartan
irbesartan-HCTZ
isradipine
Isuprel (isoproterenol)
labetalol
Lasix (furosemide)
Levophed (norepinephrine)
lisinopril
lisinopril-HCTZ
Lopressor (metoprolol tartrate)
Lopressor HCTZ
(metoprolol-HCTZ)
losartan
losartan-HCTZ
Matzim LA (diltiazem)
Maxzide (triamterene-HCTZ)
methyclothiazide
methyl dopa
methyl dopa-HCTZ
methyl dopate
metolazone
Microzide
Minipress (prazosin HCl)
minoxidil
moexipril
moexipril-HCTZ
Neptazane (methazolamide)

Brand name medications are capitalized and generic medications are lowercase

Blood pressure related

(continued)

nicardipine
nicardipine-D5W
nimodipine
Nitropress (nitroprusside)
norepinephrine 0.9%
norepinephrine-D5W
Norvasc (amlodipine)
Nymalize
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril
phentolamine
pindolol
Prestalia
Procardia (nifedipine)
Procardia XL (nifedipine)
propranolol
propranolol-HCTZ
Qbrelis
quinapril
quinapril-HCTZ
ramipril
Sodium Diuril (chlorothiazide)
Sodium Edecrin
(ethacrynate sodium)
Sorine (sotalol)
Sotylize
Sular (nisoldipine)
Taztia XT (diltiazem)
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
Tenoretic (chlorthalidone-atenolol)
Tenormin (atenolol)
terazosin
Tiazac (diltiazem)
timolol
Toprol XL (metoprolol succinate)
trandolapril
trandolapril-verapamil ER
valsartan
valsartan-HCTZ
Vecamyl
Verelan (verapamil)
Verelan PM (verapamil)
Ziac (bisoprolol-HCTZ)

Blood thinner related

Aggrastat
Aggrenox
(aspirin-dipyridamole ER)
argatroban
argatroban 0.9%
argatroban-sodium chloride
Brilinta
cilostazol
Coumadin (warfarin)
dipyridamole
Durlaza
Effient
Eliquis
Integrilin (eptifibatide)
Jantoven (warfarin)
Plavix (clopidogrel)
Pradaxa
prasugrel
Reopro
Savaysa
Xarelto
Zontivity

Cholesterol related

atorvastatin
Caduet (amlodipine-atorvastatin)
Colestid (colestipol)
ezetimibe-simvastatin
fenofibrate
Fibricor (fenofibric acid)
fluvastatin ER
fluvastatin
Lipochol Plus
Lipofen (fenofibrate)
Lopid (gemfibrozil)
lovastatin
Lovaza (omega-3 acid ethyl esters)
Niacor
Niaspan (niacin ER)
pravastatin
Prevalite
Questran (cholestyramine)
Questran Light (cholestyramine)
rosuvastatin
simvastatin
Tricor (fenofibrate)
Triglide
Triko

Trilipix (fenofibric acid)
Vascepa
Welchol
Zetia (ezetimibe)

Diabetes related

Log in to the [myCigna website](#) or check your plan materials to learn more about how your plan covers diabetes-related preventive medications.

ACTOplus met
(pioglitazone-metformin)
ACTOplus met XR
ACTOS (pioglitazone)
alogliptin
alogliptin-metformin
alogliptin-pioglitazone
Amaryl (glimepiride)
Avandia
Basaglar
Bydureon
Byetta
chlorpropamide
Cycloset
Diabetic Supplies (i.e. lancets,
syringes, urine test, alcohol pads)
Duetact (pioglitazone-glimepiride)
Farxiga
Fiasp
glipizide-metformin
Glucophage (metformin)
Glucophage XR (metformin)
Glucotrol (glipizide)
Glucotrol XL (glipizide)
Glucovance (glyburide-metformin)
glyburide
Glynase (glyburide micronized)
Glyset (miglitol)
Glyxambi
Humalog
Humulin
Janumet
Janumet XR
Januvia
Jardiance
Levemir
OneTouch test strips and meters
Ozempic

Diabetes related

(continued)

Prandin (repaglinide)
Precose (acarbose)
QTERN
repaglinide-metformin
Riomet
Soliqua
Starlix
SymlinPen
Synjardy
Synjardy XR
tolazamide
tolbutamide

Tresiba
Trulicity
Xigduo XR
Xultophy

Osteoporosis related

alendronate sodium
Atelvia (risedronate)
Binosto
Boniva (ibandronate)
etidronate
Evista (raloxifene)
Forteo
Fosamax (alendronate)
Fosamax Plus D

Miacalcin (calcitonin-salmon)
pamidronate
Prolia
Reclast
Tymlos
Xgeva
Zometa (zoledronic acid)

Prenatal vitamins

All prescription-strength prenatal vitamins are considered preventive.

Check your plan materials for formulary placement of branded prenatal vitamins.

Brand name medications are capitalized and generic medications are lowercase



* State laws in Texas and Louisiana require health insurance plans to cover medications at current benefit levels until the plan renews. This means that if a medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, the plan can't make these changes until the plan's renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.

** U.S. Food and Drug Administration (FDA) website, "Facts About Generic Drugs." Last updated 06/28/16.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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