

2019 PREVENTIVE DRUG LIST



As of January 1, 2019

Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

This document shows the most commonly prescribed preventive generic and brand name medications your plan covers as of January 1, 2019.¹ **The Preventive Drug List is regularly updated so it's important to know that this is not a complete list of covered medications, and not all of the medications listed here may be covered by your specific plan.**

Here's some helpful information about this drug list:

- › Medications are listed alphabetically by the condition they prevent.
- › Brand name medications are capitalized and generic medications are lowercase.
- › Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.
- › Some preventive medications are also considered "specialty" medications. Some plans may cover specialty medications on a specialty tier, may limit coverage to a 30-day supply and/or require you to use a preferred specialty pharmacy to receive coverage. Please log in to the **myCigna**[®] website or app, or check your plan materials, to learn more about how your plan covers specialty medications.

Some plans have specific coverage requirements for preventive medications.

For example, some plans may:

- › Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) to receive coverage for a preventive generic medication. Or,
- › Cover preventive generic medications at 100%, or no cost (\$0) to you.

You should log into the **myCigna**[®] website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medication may cost and view lower-cost alternatives, if available.²

Go generic and save

Your plan covers many preventive medications. You should ask your doctor if a lower-cost generic medication may be right for you. Generics have the same strength and active ingredients as brand name medications, but often cost much less – in some cases, up to 85% less.³

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Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

885985 m All with Diabetic Supplies for Value/Adv 08/18

Preventive Drug List

Asthma related

Accolate
Advair Diskus
Advair HFA
albuterol
Anoro Ellipta
Atrovent HFA
Breo Ellipta
Brovana
budesonide
caffeine citrate
Combivent Respimat
cromolyn
fluticasone-salmeterol
Incruse Ellipta
ipratropium
ipratropium-albuterol
levalbuterol
levalbuterol concentrate
levalbuterol HFA
Lonhala Magnair
metaproterenol
montelukast
Perforomist
ProAir HFA
ProAir RespiClick
Pulmicort
QVAR RediHaler
Singulair
Striverdi Respimat
Symbicort
terbutaline
Theo-24
Theochron
theophylline
Xolair
Xopenex
Xopenex Concentrate
zafirlukast
zileuton ER

Blood pressure related

acebutolol
acetazolamide
Adalat CC
Afeditab CR
Aldactazide
Aldactone
amiloride
amiloride-HCTZ
amlodipine

amlodipine-benazepril
amlodipine-olmesartan
amlodipine-valsartan
amlodipine-valsartan-HCTZ
atenolol
atenolol-chlorthalidone
benazepril
benazepril-HCTZ
Betapace AF
betaxolol
bisoprolol
bisoprolol-HCTZ
bumetanide
Calan
Calan SR
candesartan
candesartan-HCTZ
captopril
captopril-HCTZ
Cardizem LA
Cardura XL
Carospir
Cartia XT
carvedilol
carvedilol ER
Catapres
Catapres-TTS
chlorothiazide
chlorthalidone
clonidine
Coreg
Coreg CR
Corgard
Corzide
Demadex
Demser
Dibenzyline
diltiazem
diltiazem 12hr ER
diltiazem 24hr CD
diltiazem 24hr ER
diltiazem ER
Dilt-XR
Diuril
doxazosin
Dutoprol
Dyazide
Dyrenium
enalapril
enalapril-HCTZ
Epaned

eplerenone
eprosartan
felodipine ER
fosinopril
fosinopril-HCTZ
furosemide
guanfacine
Hemangeol
hydralazine
hydrochlorothiazide
indapamide
Inderal LA
Inderal XL
Innopran XL
Inspra
irbesartan
irbesartan-HCTZ
isradipine
Kapsargo Sprinkle
labetalol
Lasix
lisinopril
lisinopril-HCTZ
Lopressor
Lopressor HCT
losartan
losartan-HCTZ
Matzim LA
Maxzide
Maxzide-25
methazolamide
methyclothiazide
methyldopa
methyldopa-HCTZ
metolazone
metoprolol
metoprolol ER-HCTZ
metoprolol-HCTZ
Microzide
Minipress
minoxidil
moexipril
moexipril-HCTZ
nadolol
nadolol-bendroflumethiazide
Neptazane
nicardipine
nifedipine
nifedipine ER
nimodipine
nisoldipine

Blood pressure related

(continued)

Norvasc
Nymalize
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril
phenoxybenzamine
pindolol
prazosin
Prestalia
Procardia
Procardia XL
propranolol
propranolol ER
propranolol-HCTZ
Qbrelis
quinapril
quinapril-HCTZ
ramipril
Sorine
sotalol
sotalol AF
Sotylize
spironolactone
spironolactone-HCTZ
Sular
Taztia XT
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
Tenoretic 100
Tenoretic 50
Tenormin
terazosin
Tiazac
timolol
Toprol XL
torsemide
trandolapril
trandolapril-verapamil ER
triamterene-HCTZ
valsartan
valsartan-HCTZ
Vecamyl
verapamil
verapamil ER
verapamil ER PM
verapamil SR
Verelan
Verelan PM
Ziac

Blood thinner related

Aggrenox
aspirin-dipyridamole ER
Brilinta
cilostazol
clopidogrel
Coumadin
dipyridamole
Durlaza
Effient
Eliquis
Jantoven
Plavix
Pradaxa
prasugrel
Savaysa
warfarin
Xarelto
Zontivity

Cholesterol related

amlodipine-atorvastatin
atorvastatin
Caduet
cholestyramine
cholestyramine light
colesevelam
Colestid
colestipol
ezetimibe
ezetimibe-simvastatin
fenofibrate
fenofibric acid
Fibricor
fluvastatin ER
fluvastatin
gemfibrozil
Lipofen
Lopid
lovastatin
Lovaza
niacin ER
Niacor
Niaspan
omega-3 ethyl esters
pravastatin
Prevalite
Questran
Questran Light
rosuvastatin
simvastatin
Tricor
Triglide

Triкло
Trilipix
Vascepa
Welchol
Zetia

Diabetes related

Please log in to the [myCigna website or app](#), or check your plan materials, to learn more about how your plan covers diabetes-related preventive medications.

acarbose
Actoplus met
Actoplus met XR
Actos
alogliptin
alogliptin-metformin
alogliptin-pioglitazone
Amaryl
Avandia
Basaglar
Bydureon
Byetta
chlorpropamide
Cycloset
Diabetic Supplies (i.e. lancets, syringes, urine test, alcohol pads)
Duetact
Farxiga
glimepiride
glipizide
glipizide ER
glipizide XL
glipizide-metformin
Glucophage
Glucophage XR
Glucotrol
Glucotrol XL
Glucovance
glyburide
glyburide micronized
glyburide-metformin
Glynase
Glyset
Glyxambi
Humalog
Humulin
Janumet
Janumet XR
Januvia
Jardiance
Levemir

Diabetes related

(continued)

metformin
metformin ER
miglitol
nateglinide
OneTouch test strips and meters
Ozempic
pioglitazone
pioglitazone-glimepiride
pioglitazone-metformin
Prandin
Precose
repaglinide
repaglinide-metformin
Riomet
Soliqua
Starlix

SymLinPen
Synjardy
Synjardy XR
tolazamide
tolbutamide
Toujeo SoloStar
Tresiba
Trulicity
Victoza
Xigduo XR
Xultophy

Osteoporosis related

Actonel
alendronate
Atelvia
Binosto
Boniva
calcitonin-salmon

etidronate
Evista
Forteo
Fosamax
Fosamax Plus D
ibandronate
Miacalcin
raloxifene
risedronate
risedronate DR
Tymlos

Prenatal vitamins

Your plan considers all prescription strength prenatal vitamins to be “preventive.”

Please check your drug list to see which tier your plan covers prenatal vitamins on.

Brand name medications are capitalized and generic medications are lowercase



1. State laws in Texas and Louisiana may require your plan to cover your medications at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, these changes may not begin until your renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.
2. Prices are not guaranteed, and even though a price is displayed in the Drug Cost tool, it's not a guarantee of coverage. Your costs and coverage may change by the time you fill your prescription at the pharmacy, and medication costs at individual pharmacies can vary. For example, your pharmacy's retail cash price for a specific medication may be less than the price shown in the Drug Cost tool. Coverage and pricing may change.
3. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Last updated 06/04/18.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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