



MEUHP 2019-2020 Wellness Incentive Program

The Investment
<p>MEUHP and Cigna recognizes your commitment to help employees achieve better health. That's why MEUHP is deploying Cigna's Health Improvement Fund that you can use to provide additional programs and resources to help employees make more informed choices about their health. The Health Improvement Fund will help you set the stage for long term health improvement by creating a culture of well-being at the district level, driving behavior change, improving health and increasing productivity.</p>

Baseline Requirements
<p>✓ Complete Superintendent Survey</p>
<p>✓ Assign a District Wellness Ambassador Who Completes Two 30 to 45 Minute Training Sessions During the School Year and Remains Active with Their Role for the District for the School Year</p>

MEUHP District Incentive Payout Matrix

Participation % must be met in order to be qualified for receiving an incentive payout.

Your district can complete 1, 2, 3 or all 4 of the wellness activities to receive the wellness funds for that activity.

\$ Amount	Wellness Activity 7-1-19 to 6-30-20 MEUHP Plan Year
\$15	60% of Primary Insured Employees Complete a Biometric Screening (Verified via Cigna report)
\$5	60% of Primary Insured Employees Complete a Health Risk Assessment (Verified via Cigna Report)
\$5	60% of Primary Insured Employees Attend In-service Plan Education Session (Verified by sign in sheet) OR 60% of Primary Insured Employees Complete 2 EAP Webinars

Notes:

- Award Based on number of Total Employees Covered on MEUHP (excludes retirees).
- After achieving one or more of the District Incentive requirements please work with your FTJ Regional Director to complete the necessary District Incentive paperwork to request your portion of the Cigna Health Improvement Funds. Please do this one time after you complete all possible requirements.
- Contact Daniel Puckett at Daniel.Puckett@cigna or 615-347-6446, or your FTJ Regional Director if you have questions.