



www.meuhp.com

MEUHP 2019-2020 Wellness Grant Application

Together, we are investing in wellness for employees!

OVERVIEW
<p>MEUHP and Cigna recognizes your commitment to help employees achieve better health. We are excited to offer a NEW Wellness Grant (WG) for participating member School Districts utilizing Cigna's Health Improvement Funds for MEUHP. The WG is separate from the District Wellness Incentive Program (WIP). The WG will allow Districts to earn a maximum of \$5/covered employee, with a minimum award of \$100 per District. WG funds are to be used to provide additional resources and incentives for District employees working to achieve better health.</p>

To Apply – Complete information below and email to Daniel.Puckett@cigna.com.

Contact Daniel Puckett at [Daniel.Puckett@cigna](mailto:Daniel.Puckett@cigna.com) or 615-347-6446 if you have questions.

- Submissions will be reviewed and approved/denied within 2 weeks of submission date.
- Denied applications or reduced awards can be appealed to MEUHP Executive Director.

DISTRICT WELLNESS GRANT APPLICANT INFORMATION		FOR MEUHP & CIGNA USE ONLY
School/District:		Number of Employees Covered on MEUHP Health Plan 7-1-19:
Ambassador:		Maximum Grant Award:
Email:		Grant Received Date:
Phone:		Approval Date:
Superintendent:		Approval Amount:
How Will Your District Use the Funds?		

A Few Examples for Using Funds:

- Healthy Cooking / Food Prep Demos
- Healthy Living and Fitness Classes

Superintendent/Wellness Ambassador Statement of Agreement	
<p>With our signatures below, we agree to fully comply with the terms and conditions of the program and to use all monies solely for the purposes intended.</p>	
Superintendent Signature:	Date:
Wellness Ambassador Signature:	Date: