

Please forward to your staff and retirees covered on the MEUHP.

With 93 member school districts statewide, the MEUHP is a non-profit corporation formed in 2009 to promote the common interests and mutual benefit of members for quality, affordable and stable long-term health insurance options.

Ken Cook, MEUHP President



Welcome Prairie Home School District!

As of January 1, 2011, Prairie Home School District is our newest member in the MEUHP Program.

With the addition of Praire Home in Cooper County, there are now 11 Districts in the MEUHP Central region ... and a total of **93 Districts** in our eight regions across the state.

MISSOURI EDUCATORS
UNIFIED HEALTH PLAN, INC.



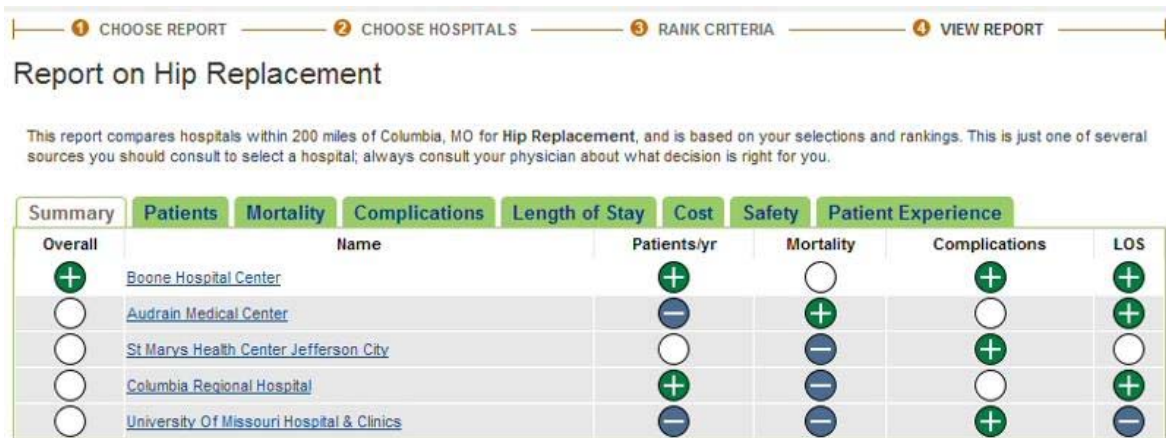
How much does a hip replacement cost?

Find out with Anthem's Care Comparison - New tool provides quick and valuable information

Anthem's Care Comparison is a new tool designed to provide side by side comparisons on hospitals in your area. It provides both **quality** and **cost** information (where data is available) for many common procedures, such as a hip replacement. You can easily rank what's most important to you to receive customized results.

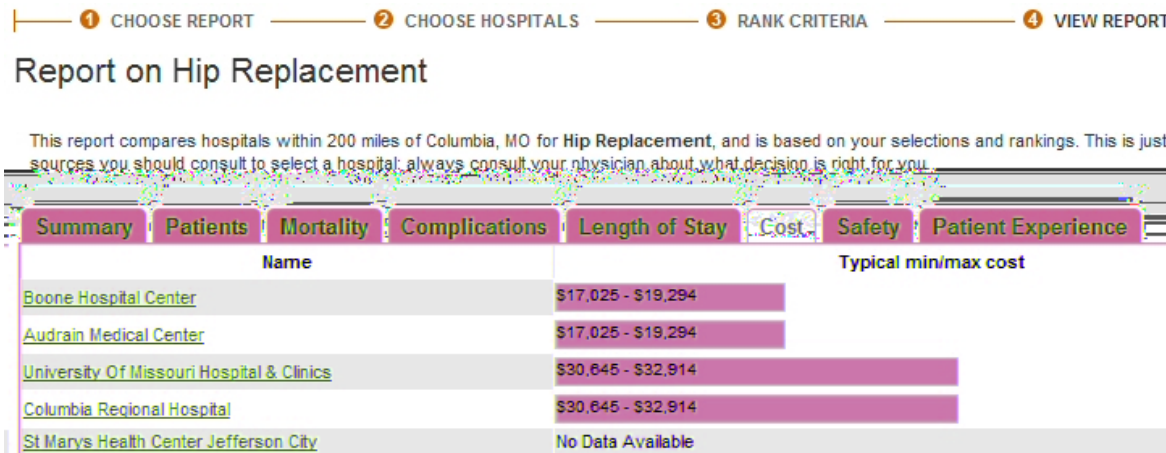
The example below shows a summary report for 5 hospitals near Columbia Missouri. A plus (+) sign means that hospital scored in the top 25% of hospitals overall and a minus sign (-) means they scored in the bottom 25%. The green tabs (shown below) give you additional information for the comparison.

For example, you can easily determine for each facility how many procedures were done, incidence of complications, typical length of stay, cost and patient experience to name a few.



How the costs are calculated.

Anthem's unique approach provides a range of the estimated costs for all services that are typically a standard part of a procedure - and includes the Anthem discounts in the estimate. As the example below shows, you can easily see at a glance the range of costs (from a minimum \$17,025 to a maximum of \$32,914) for 4 out of the 5 hospitals.



Information may be limited for certain hospital services and in some areas across the state, though data will be expanding in the future.

Is this information helpful? Yes! A survey of those who have used the tool shows that the results have been overwhelmingly favorable. **Over 90% of users** of the Anthem Care comparison found the cost information valuable when making decisions.

Try it yourself!

- Go to www.anthem.com, click the Member tab
- Log into MyAnthem (requires user id/password)
- Click on the 360 Health tab
- Click on Anthem Care Comparison

ERRP UPDATE

Ken Cook, MEUHP President

The Malden School District has recently filed an application with Health and Human Services for the Early Retirement Reinsurance Program (ERRP), which is part of the recent Health Care Reform legislation. To date, here are the steps we have taken to apply for this program.



- Through FTJ's internal review of current participating retirees and claim data provided by Anthem BCBS, we determined there was a good likelihood that Malden School District does have a small population of age 55 to 65 year old retirees who may qualify for reimbursements under this program.
- We completed an on-line HIPAA (health information privacy) training class in order to obtain the HIPAA privacy certification needed to obtain the claim data for ERRP.
- We completed the ERRP Protected Health Information Report Request Form to document our compliance with HIPAA privacy requirements and requested that Anthem release individual retiree claim data to the District for purposes of the ERRP initial application and future filing updates with the Department of Health and Human Services (HHS).
- The ERRP Application was completed and mailed to HHS on January 14, 2011, including attachments documenting our current chronic care cost management and fraud prevention programs that HHS requires for participation in ERRP. To complete the projection section of the application, FTJ assisted us in estimating our anticipated reimbursements on our eligible retiree population.

HHS estimated that it would take 25 hours for a plan sponsor to gather data and complete the application. In our case this was fairly accurate, even with FTJ providing the individual retiree data and claim information, and providing much of the information required in the application. We are now waiting for the possible approval of our application by HHS. If our application is approved, the next step will be to file the actual retiree claim information with HHS, per data provided by Anthem BCBS specifically for the ERRP filings. Requests for ERRP reimbursements can be made quarterly, or as eligible claims occur.

For the ERRP application and additional information and updates on Health Care Reform and ERRP, please visit the MEUHP website at www.meuhp.com, contact your FTJ representative, or Missy Maxwell at (800) 821-7303, ext. 1179.

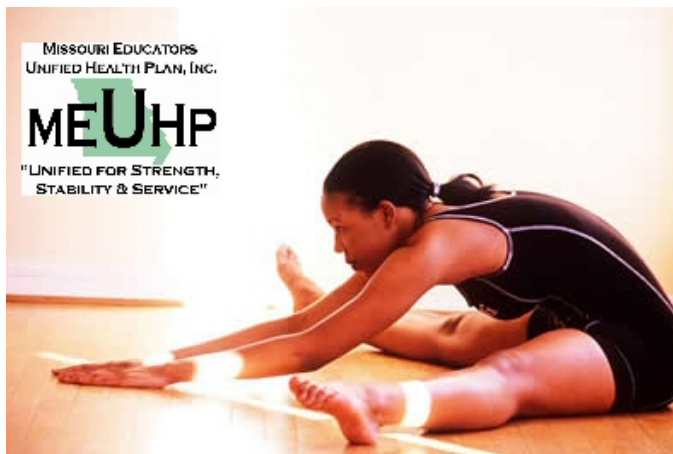
MEUHP and New Year's Resolutions

Most New Year's resolutions involve finding a way to become healthier and / or more stress free. With Anthem's 360 program, your staff can benefit with free resources to help with many of the top resolutions made for 2011.

Top 5 New Years Resolutions.

1. Spend more time with family and friends
2. Exercise More
3. Lose Weight
4. Quit Smoking
5. Reduce stress

Anthem's [Time Well Spent Calendar](#) is an excellent resource for you to have available to your staff throughout the year. It's available on the MEUHP website on the resources link. You can print copies for your staff lounge and add to your District's internal intranet site. With a variety of wellness resources and links, you and your staff can access monthly wellness activities to help keep you motivated and educated.



January, for example, is **smoking cessation month** with information on how to be a quitter. Smokefree.gov has a variety of resources available including a "how much will you save" calculator, step by step quit guide, live help via instant messaging and toll free phone support and more.

WebMD's [13 Best Quit-Smoking Tips Ever](#) is also a great resource for any of your staff or

members of their family who is thinking about quitting.



[Download the Calendar](#)

Anthem's 360 Health provide invaluable resources to your staff. On the Health & Wellness tab at the redesigned www.anthem.com, you'll find information and education easily available.



We also want to remind you about the 24/7 NurseLine - your toll-free access to trained registered nurses anytime of the day or night 365 days a year. The 24/7 NurseLine for Missouri is:

866-647-6117

It's your plan--please take advantage of the resources and information included! If you have questions or would like additional information, please call (800) 821-7303, ext. 1179. For the latest updates and MEUHP educational resources, visit www.meuhp.com.

[Forward email](#)