

MISSOURI EDUCATORS
UNIFIED HEALTH PLAN, INC.

MEUHP

"UNIFIED FOR STRENGTH,
STABILITY & SERVICE"

Please forward to staff and retirees covered on the MEUHP.

With 93 member school districts statewide, the MEUHP is a non-profit corporation formed in 2009 to promote the common interests and mutual benefit of members for quality, affordable and stable long-term health insurance options.

Ken Cook, MEUHP President

Helpful Information on "Your" MEUHP Health Insurance Plan

- [Newly Updated Anthem BCBS Website](#)
- [Nurseline](#)
- [Future Moms](#)
- [ConditionCare Programs](#)

Anthem BCBS Website Updated

If you haven't visited the newly updated website of Anthem BCBS, the MEUHP underwriter, please view the demo at www.anthem.com/demo/. Sign up for your personal account at www.anthem.com to access and utilize the full resources available including:

- Provider Locator
- Online Personal Health Records
- [Health Risk Assessment](#)
- View Benefits and Claims
- [MyHealth Record](#)
- [360 Health](#) and Wellness Resources
- [Anthem Care Comparison](#)
- View Videos and Listen to Podcasts...and much, much more.

NurseLine



[24/7 NurseLine](#) provides members toll-free access to trained registered nurses **anytime of the day or night** 365 days a year. The 24/7 NurseLine number is: **866-647-6117**.

Future Moms



[Future Moms](#) provides expectant moms with personal support to help promote a healthy pregnancy and delivery.

Other Anthem BCBS 360 Health ConditionCare Programs

"[ConditionCare](#)" health support programs available through the "[Anthem 360 Health](#)" include:

- Future Moms
- Neonatal Intensive Care
- Low Back Pain
- High Blood Pressure
- High Cholesterol
- Asthma and COPD
- Diabetes
- Heart Problems
- Complex Health Conditions
- Metabolic Syndrome and Obesity
- Arthritis, Hip and Knee Replacement and Osteoporosis
- Breast, Colon, Prostate and Skin Cancer

All programs can be accessed through the NurseLine at 866-647-6117.

It's your plan--please take advantage of the resources and information included! We are here to help. If you have questions or would like additional information, please call (800) 821-7303, ext. 1179. Ask for Missy, Joyce or Kay.

For the latest updates and MEUHP educational resources, visit www.meuhp.com.

Sincerely,

Mark Iglehart
Forrest T. Jones & Company
MEUHP Plan Administrator

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